

The Bugle Magazine

Serving Lowestoft, Beccles, Bungay, Halesworth & Southwold areas

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Welcome to the May edition of The Bugle!

THE 7TH

BECCLES FOOD & DRINK FESTIVAL



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- 50+ Artisan Food and Drink producers
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The Bugle Magazine

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Note:

We publish The Bugle in print and digitally eleven months of the year. Due to holiday shut-downs, January is the only month that is digital delivery only (via email) or download from our website.



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See our advert on page 6



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HOME FROM HOME FOR DOGS

A new 'Home From Home' care service for Dogs is being created in Uggeshall, between Southwold & Beccles. From none other than the two people behind this very magazine is a new care service for busy people who want to leave their Canine Companion in a real home setting.

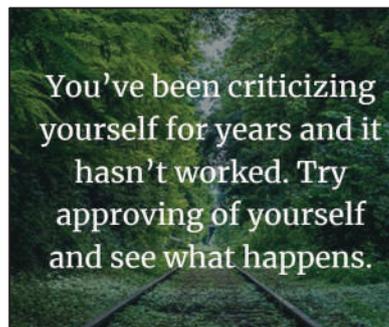
Neal has had a dog in his life since he was a boy of 14 (a long time ago) and he and Anna lost their much loved dog a couple of years ago, after 15 happy and loving years with him.

Anna and Neal are offering to look after a dog in a loving caring environment, for a day whilst you are working or if necessary overnights too, as well as week long stays. Your family member will be cared for in the family home and garden whilst you are out at work or away and he/she will be provided with countryside walks. Weekend stays are also available

The care service is for normally one dog at a time (two if the dogs normally live together) - booking on a first come-first served basis. All walks are included. One of us will always be here with your dog and he/she will never be left alone.

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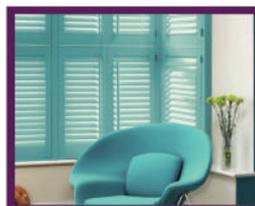
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'Life Stories in Stitches'

Beccles and District Museum at Lemn House, Ballygate, Beccles, has opened for its 2022 season with a special exhibition - a display of samplers and sewing entitled 'Life Stories in Stitches'. The skill and determination shown by the children whose work is on display are impressive. Eight-year old Louisa Anne Rockhill, for example, delicately stitched an elaborate sampler which is dated 1837.

Pam Finch, who curates the Museum's textile collection and who has prepared the exhibition, has also provided interesting background information about samplers.

Dr Barry Darch, chairman of trustees, said, 'It is exciting to be able to showcase more of the Museum's collection of fascinating artefacts not usually on display. 'Life Stories in Stitches' has got our season off to a great start.'

The exhibition is available until 9th July, after which the history of The Beccles Society will be featured in the season's second special exhibition.

Please email museumadmin@btconnect.com or leave a message on 01502 715722 if you would like information about the wide variety of opportunities available to volunteer at the Museum.

The Museum is open Tuesday, Wednesday, Friday & Saturday afternoons, 1.45 – 4.30, until the end of October.

LOWESTOFT MODEL BOAT CLUB

The Club is for those interested in Model Boats, either making them or sailing them.

Every third Sunday afternoon in the month members can go to Kensington Gardens pond, Kirkley and put their boats on the water free, whether they are motor controlled, yachts or fast electrics. During the summer months they can also go on the first Sunday in the month afternoon and a Wednesday evening.

New members are welcome. For more details contact Alan Gardner at alantigger@gmail.com or 07434804527.

KENSINGTON GARDENS BOWLS CLUB

Kensington Gardens Bowls Club is keen to welcome new members. The club was founded in 1937 and we are trying to collect some of the club's history.

Have any of your relatives ever bowled for the club? If you have any recollections, photos or newspaper cuttings we would love to hear from you, or just come along to join in or watch our free events.'

Contact us via email: susan.browne3@outlook.com or Facebook at [kensington-gardens-bowls-club'](https://www.facebook.com/kensington-gardens-bowls-club/)



Are you living with a life-changing illness or long-term condition, or are caring for someone who does?

Have you or someone in your family experienced a bereavement?

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We support anyone living in East Suffolk and neighbouring parts of Mid Suffolk and South Norfolk.

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web peartreefund.org

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We also offer telephone, online and home visiting support for those unable to visit the Pear Tree Centre.

FRIENDS OF HALESWORTH COMMUNITY HEALTH CARE

As a result of the changes in the way that health and care services are provided locally, the charity formerly known as The League of Friends of Patrick Stead Hospital decided the time was right to adapt and respond to this, including a change of name.

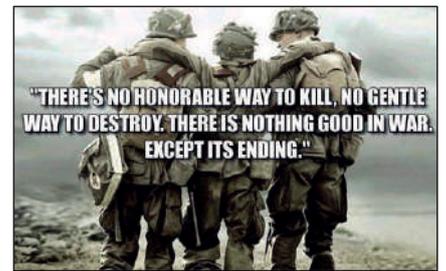
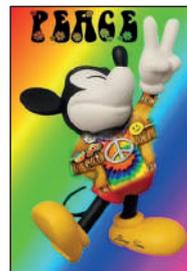
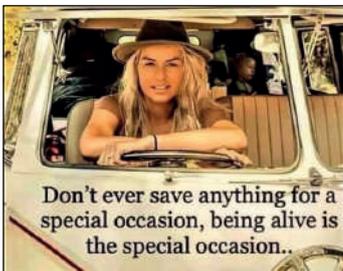
There are some exciting times ahead for the newly named charity. Firstly, we have purchased the old Methodist Church in London Road and work has commenced to convert this into a new day care facility to replace the Rayner Green centre which closed at the end of June 2017.

Together with the re-designed day care centre, new offices are being built on the site to house the Halesworth Volunteer Centre which have so outgrown the London Road premises they now occupy. Together with a car park and room for a bus, the site will provide all that is needed to make this

facility somewhere the people of Halesworth and surrounding areas can be proud of.

It is planned that the new day care centre will be ready to welcome its first daily visitors in the summer of 2023. Before that, work continues to find a provider for the service and to equip the newly refurbished space with all modern conveniences to make this facility a more than welcoming place for adults with varying health issues, including dementia, a place they know will provide a safe and relaxing environment.

We will continue to update you as work progresses, in the meantime, if you would be interested in becoming a member of Friends of Halesworth Community Health & Care or to find out more about this exciting new venture, please contact: e: info@halesworthfriends.org.uk



Mark Carroll - whose advert is below, has launched a Go Fund Me page to help him raise £185 which will allow him and his son to take part in a charity challenge. They will walk across, Lego, Glass and Fire and with all the money raised going to the New MRI Scanner and Oncology Department at the Royal Cornwall Hospital. Even a small donation could help Mark reach his fundraising goal. <https://gofund.me/4c0a9a6e>.

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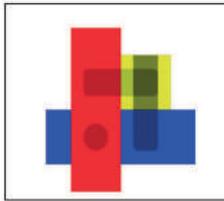
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JUNE 2022

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Beccles Food & Drink Festival 2022

Following a successful return in 2021, Beccles Food and Drink Festival is back to celebrate a feast of culinary delights. The free Festival, on Saturday 28th May, will feature over 60 stalls, most of them local artisan food and drink producers, as well as those from further afield in East Anglia.

Based in the centre of the vibrant market town, the Festival will include cookery demonstrations and talks, a variety of world street food, including wood fired pizza, Indian, Thai and Hawaiian dishes. The ever popular Hanton's Punch and Judy, sponsored by the East of England Co-op, will be in St. Michael's churchyard, while on the terrace will be a covered cookery theatre run by East Coast College, featuring Richard Bainbridge from Norwich's Benedicts Restaurant.

A free Park & Ride shuttle service will run throughout the day from Beccles Quay, where additional parking will be available. Building on a successful introduction in 2019, the Festival is set to repeat Fringe events in the local area two weeks either side of the main event day. These include a Mexican night, 3-day beer festival, 5 course cheese themed tasting menu, new local beer launch and tap takeover, a 1940's themed afternoon buffet and entertainment, a speciality coffee experience, Festival pizza special, a farm tour with canapes and supper and 6 course Persian tasting menu.

Updates will be posted on the Festival website and Facebook at regular intervals, so keep checking back to see the latest developments.

Free Park & Ride service from Beccles Quay (sign posted) and public or supermarket car parks in the town centre. Public Transport: From Beccles Bus Station, turn left into Saltgate and the festival is straight ahead around 400m.

From Beccles Railway Station, up Station Road to the town centre, the Festival is straight ahead around 600m.

Contact info: Email info@becclesfoodfestival.co.uk www.becclesfoodfestival.co.uk

Facebook: @becclesfoodanddrinkfestival Twitter @BecclesFoodFest

See our advert on the front page. Picture: Festival 2021- Credit: Dominic's Photography



They fear love because it creates a world they cannot control - George Orwell 1984

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Sunday 22nd May

Sunday 10th July

Sunday 23rd October

Sunday 11th December

9am - 4pm

Entrance **£2 adults, children free**

Over 40 stalls, hot and cold refreshments



Contact K.C. Fairs & Events
01502 711174 / 715771 for more details.

If you could erase all the mistakes of your past, you would also erase all your wisdom in the present

News from St. Mary's Church, Bungay.

The April diary for St. Mary's is filling up with one more lunchtime concert in the present series arranged by William Drew Batty, and a piano recital by Roman Rudnytsky, on Saturday 23rd in aid of Trinity Church, providing pleasure for music lovers.

There are other bookings for meetings and rehearsals, but the main event will be the exhibition, "Happy and Glorious – 70 Years a Queen and 70 Years of change in Bungay." Running from Saturday April 30th to Sunday May 8th, it will be open daily from 10.00am to 4.00pm, entrance free.

The preview for this is on the evening of April 29th, when an introductory talk by Sir Laurie Magnus, CBE, Chair of Historic England, will precede a buffet and time to look at the exhibits. Many town organisations and businesses are helping with the displays and Bungay Museum is providing pictures and accounts of happenings in Bungay during Her Majesty's reign.

One display that should be particularly interesting to female visitors is an array of hats, the brainchild of our town historian, Chris Reeve. Because the Queen is renowned for her hats, and many ladies keep special head gear for a long time, it is hoped that enough hats are loaned to the Exhibition to show how fashion has changed over the years.

There will be pictures of the many hats that Her Majesty has worn, as well as hats belonging to local people. So, if any member of the public has a hat that they would like to display, please contact Betty Warnes on 01986 892855. All items lent are cared for and insured.

For more information, or bookings for the preview (entrance free, but donations welcome), please contact - John Warnes on 01986 892855 or Keith Parker on 01986 893133.

Come and meet your Community Partnership

The Beccles, Bungay, Halesworth and villages Community Partnership, compiled of community organisations, town and parish councils and local councillors is always keen to work with groups and residents to support its local priorities; reducing social isolation and improving health and well-being. To find out more about its work and how we can collaborate around our priorities, the Community Partnership is hosting a showcase event at Bungay Community Centre (Old Grammar Lane) on 21st May 2022; 11am-1pm. Feel free to drop by!

Also, every month at the Pop along events, you can meet your local councillor, Communities officer and local organisations. The drop-ins are on the first Tuesday at Bungay Library, the second Wednesday at Beccles Library and the third Tuesday at Halesworth Library. All are 10am-12pm.

If you represent a community group or would like to find out more about these, please email sam.kenward@eastssuffolk.gov.uk.

Convincing the world to count calories instead of ingredients is one of the most profitable schemes in history

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Friday 3rd June 2022

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Your Letters to The Bugle

Dear Grumpy Old Man

We were interested to read about dog leads with long extensions. We're getting on a bit and not too agile (to say the least). One day we were about to enter The Swan in Southwold from the High Street and my husband suddenly pulled me back as he'd spotted a length of extendable lead stretching across the entrance! The chap at the other end of the lead looked at us as we were glaring at him and asked "oh, did you want to go in there then?". Why is it that certain dog owners (not all) lose their brains over their dogs? We also entered a pub in the outskirts of Norwich recently and (as you can see from the above) I'm also not very observant. I pulled out my bar stool and hadn't seen a dog stretched prone alongside (even though the owner was sitting down quite a long way off). The hysterical dog owner accused me of putting the bar stool on the dog's head – not correct as if I'd have put the stool on its head, the stool would have been very wonky, and I would have fallen off of it! I told her I hadn't seen it. We were laughing about the insanity of it all and as she walked out, she called out to us "but that's my BABY!". That conjured up all sorts of awful images.....so we moved on! You said, "owners should have more consideration for their animals", but we believe that owners should have a lot more consideration for the rest of the human race!

Jenny Clarke
Wrentham

Dear Bugle,

You kindly published my February letter where I said that much of Europe would be regretting its reliance upon Russian gas (and of course its oil and coal).I wrote the letter before the invasion of Ukraine- now Europe is in a quandry. We need to move away from fossil fuels as soon as possible.

The alternatives for people in East Suffolk seem fairly clear. We can expand Sizewell which has an excellent safety record ,build more wind farms and develop solar power or have a sensible mix of all three.Hydrogen as a cheap fuel could be a real possibility in the future.

In Norfolk there is a protest movement against the wind farm cables coming ashore and further south we can see banners against S.S.E proposals for a large off - shore wind farm and hub. I wonder if the

same people are against both Sizewell C and wind farm hubs ?

All energy production imposes upon the landscape. Is not Sizewell C preferable to hundreds of onshore turbines which are much cheaper to build than offshore ones ? We have to make a choice ,our society cannot function without reliable electricity and we need to think more about conserving our consumption.Time is running out.

Yours

Brian Withnall, Wenhaston

Dear Bugle

I noticed that the " East Suffolk Council's licensing committee unanimously agreed to 'redesignate the street trading policy for the Lowestoft seafront between East Point Pavilion and Claremont Pier, Royal Terrace, Royal Plain, Parade Road North and parts of Marine Parade and Royal Green car park. This after a consultation of which nobody bar 4 were aware. Apparently, the previous rules meant only three street trading licences could be issued in those areas, with traders having to pay both yearly and daily fees to do so. An increase in numbers will now probably be allowed & the yearly & daily fees are to be withdrawn. Lizzie Hall from First Light Festival has stated "having extra traders would help drive footfall and make for a wonderful attraction for people" & "for the revamped East Point Pavilion". Therefore, it is apparent that these 'here today gone tomorrow traders' are to enjoy a considerable commercial advantage over existing established traders in Kirkley, London Road North & the High Street plus the retail parks. How can this be justified because for it to be fair & equitable the same tax & rent concessions should be applied to the established businesses in the area. If it is to attract people to the revamped East Point Pavilion then it is an admittance that the charms of the revamp will not be compelling enough. If this is the case, why the revamp? Suffolk County Council have thrown money at the First Light Festival which is transient in effect but have been reluctant to support Lowestoft in the past e.g. the withdrawal of the Record Office files to the failing HOLD in Ipswich & the Air Festival. Have they had sudden pangs of misguided conscience?

Norman Castleton
Lowestoft

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Norfolk and Suffolk Against Live Quarry Hunting (NSALQH) by Joe Langran

When hunting with a pack of hounds was criminalised in 2004 the hunting community was in a state of shock. They were quick to rally however and soon realised that things were not so bad as they first appeared. Two world wars had failed to eradicate the discredited class system entirely and the hunters knew that the bonhomie that they had always enjoyed with the police and the judiciary could continue if they trod carefully. Then somebody invented "trail hunting". It was an activity that hunters simply had no interest in and which was no substitute for the real thing. It did not fulfil their needs in any way - except however, that it did provide an excuse for keeping the hounds trained to follow a live quarry scent - an excuse for being out there - and an explanation for so-called accidental kills. The "two dogs only for flushing" rule was a little more tricky to get around but they believed that if they took a bird of prey with them then they could exploit a loophole and then, if challenged, they could claim to be flushing to a falconer, using a full pack.

This worked well for many years but then that perfect storm broke. A zoom meeting, where leading members of the national hunting organisation were caught with their jodphurs down, discussing how to use the trail hunting lie to circumnavigate the law. Other damning stories emerged, putting the hunters into deep trouble. The shock returned as they realised, too late, that they would lose much of the support that so far had kept them out of the courts.

This was a desperate situation. Even here on the Norfolk/Suffolk border, the joint chairman of Waveney Harriers, John

Whyte, promised antis that the hunt would clean up their act and reform. It didn't happen. Other group members must have decided instead to rack up their game and see out the season in style. Rather than the openness that the chairman promised, they instead doubled their effort to avoid being monitored. They also brought in an unprecedented number of quad bikes, overloaded with stewards and terrier men with their shovels. Foxes now appeared to be the quarry of choice rather than the brown hare. With these bikers came their insulting and harmful behaviour, that brought this local hunt into further disrepute, (there are two recent cases that are currently being investigated by the authorities).

Meanwhile nationally, and post-webinar scandal, the Masters of Foxhounds Association's chairman Andrew Osborne, became desperately involved in damage limitation. If hunts were to be trusted again, then he knew that they must appear to be whiter than Whyte. He suggested the formation of a governance body to set the standard for the future and a separate regulatory authority to administer discipline. Our guess is that the MFA will meet resistance. Hunt membership has dwindled to just a few die hards and it is likely that they will reject any change, even if they have to divorce themselves from the control of any national body. The only solution as we see it is for the legislators, the courts and the police, to step up to the mark and restore democracy and the rule of law - for all - to the countryside.

I think our society is run by insane people for insane objectives. I think we're being run by maniacs for maniacal ends. I think they're all insane. But I am liable to be put away as insane for expressing that. That's what is insane about it. Don't you agree?
-- John Lennon

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Blue Flag Status for Lowestoft's South Beach

by Alice Taylor

There have been comments in the media lately about losing Blue Flag designation for Lowestoft's South Beach. Blue Flag status is a worldwide program designating pristine beaches and associated programs and amenities that go with them. There's only 77 here in the UK, and 45 of them are remote beaches in Wales! The Blue Flags are very hard to get with high standards that include water quality, environmental education, accessibility and a host of other requirements. The South Beach won the award back in 2015, but lost it soon after when our water quality fell from "excellent" to "good".

The criteria are very strict and it would be good for everyone who loves our beaches to learn what they are. The Blue Flag rules favour areas that aren't so close to an active port with its maritime traffic constantly stirring up silt (clarity of water is important). With the increasing use of Lake Lothing for the wind farm boats, tourism, as well as the constant construction for the new bridge and flood barriers it's just going to get harder for the Lowestoft South Beach to meet all of the current Blue Flag requirements. The rules specifically mention the issues that come with beaches being next to rivers with the problems of silt and run-off channels bring as they enter the sea but there is no allowance made for that.

The last time we had Blue Flag status we didn't have such an active port. Today we are much more active now that Lowestoft is a leader in supporting our wind farms. When Lowestoft lost the status our water quality went from "excellent" to "good". We were "good" even with the historic issues with the collapsing sewers in that part of town that have now been repaired and replaced.

I'm sure we're even better now!

Since 2015 we have improved in many of the Blue Flag criteria such as in environmental education and the ongoing work to make it easier for the disabled to use the beach. Our water quality is steadily "good" and will improve as major riverside projects are completed.

I think it's interesting to see all of the criteria we DO meet, but also to ask ourselves if we really want to meet this standard if it changes our local quality of life. For instance, a Blue Flag beach can no longer have dogs walking on it. Are we willing to give up walking a dog on the beach, even in January when there are no bathers?

There are some Blue Flag criteria we should be following anyway, such as more rubbish bin capacity, accessibility, and public toilets, and so we can take their suggestions and always work at improving what we have.

While the designation was nice when we had it, we have to be realistic and ask ourselves if in the next couple of years it will be possible to have an active port, build a bridge, create flood defences, and deal with all of the silt and stirring up those things cause and in the meantime still qualify for a Blue Flag. Despite that activity, we still regularly win awards such as the Seaside Award which recognises high standards of beach management, cleanliness, and safety, which means other rating organisations think the South Beach is a great place to enjoy. In the meantime, we should always work towards having the best beach we can and we should be very proud that we have such a lovely asset to the area.



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Definition of an 'expert' – an ex is a has-been and a spurt is a drip under pressure!



**SOUTHWOLD
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25TH June - 2ND July 2022

International names in the world of music will be heading to Southwold for the 2022 annual Arts Festival in June.

There will be a rare opportunity to see locally some of the best performers in opera, folk, jazz, blues and soul including Clare Teal, The Opera Babes, Eliza Carthy, Polly Gibbons and one of the final performances after forty-two years of the Blues Band. There will also be a celebration of the music of Stevie Wonder and comedy from Edinburgh Festival artists Phil Hammond and Cheryl Knight.

Throughout the week, events will include talks on Radio Caroline and the art of Van Gogh and the young musician showcases will feature some of the most talented classical instrumentalists in the country.

Tickets online: www.southwoldartsfestival.co.uk
Enquiries: Info@southwoldartsfestival.co.uk
Telephone: 01502 722572
Box Office: Southwold Arts Centre, Cumberland Road, IP18 6JP



Neal's Life Awareness Centre

WEDNESDAY MAY 4TH
**The Blyburgate Hall,
Beccles NR34 9TF**
Doors open 7-00pm
Adm: Free
Refreshments

**with Neal Sutton
& Alex Lovelock**

Mediumship & Talks
Regular Guest Speakers

Informal Gatherings of like-minded folk

Popular Local Arts Venue offers free music lessons

A popular local Theatre, known for its community work, is launching free music lessons in May. Funded in partnership with the Arts Council, The Seagull in Morton Road Pakefield, will be offering fortnightly Ukulele lessons from 17th May.

Each fortnight the "Seagull Strummers" sessions will offer two free opportunities for people to get involved. From 7.00pm there will be a beginner's class where people new to the instrument can get professional tuition from local musician and qualified Teacher, Helen Hayes. This is followed at 8pm with a jam session where anyone who wants to join in, can come along and play with the group. Thanks to the support from the Arts Council the Theatre will also be able to provide Ukulele's for people to use at the sessions, so no need for people to have their own instrument.



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Co-op serving-up new-look Southwold store

The Co-op has served-up a new-look, extended store, which opened on 12, April, in Market Place, Southwold, following a £1.6M programme of improvements.

Opening between 6am-10pm and supporting 18 local jobs, it includes John Lewis and Amazon parcel collection, free ATM, car parking and, Click & Collect of groceries through coop.co.uk/shop

The store - powered by 100% renewable electricity - offers Fairtrade coffee dispenser, bakery, hot food, fresh products, food-to-go, award-winning wines, pizzas, free-from and vegan products.

Plus, a recycle unit for 'soft plastics' including: crisp packets and, pet food pouches.

Co-op Members are rewarded with 2p in every pound spent on own-branded products, with Co-op also donating the same to local causes, including: RNLI Lifeguards, Southwold; RNLI Aldeburgh and Home-Start Suffolk. Students (TOTUM cardholders) receive a 10% discount.

Robert Lawn, Co-op Store Manager, said: "We are delighted to have carried out such a significant programme of improvements, the store has a great new look. We look forward to welcoming the community back into their Co-op, And have worked to create a compelling offer to serve our community, conveniently."

Why not pop down to the new look Southwold Co-op store today?

Image: store manager Robert Lawn, joined by Southwold Town Mayor Cllr Will Windell, Co-op colleagues and community representatives at the recent opening of the New Look Co-op.



We're back Southwold!



Southwold's Co-op has re-opened with a brand new look

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Opening times: 6am - 10pm, daily



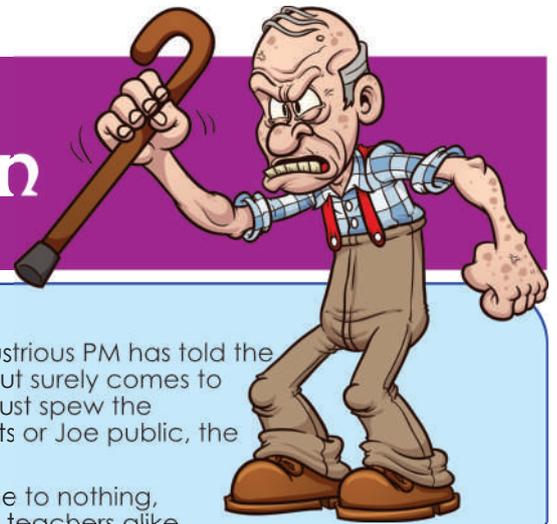
Serving suggestion. Products stocked in participating stores and subject to availability. Please drink responsibly.

Spiced Lamb Pilaf
- full recipe at coop.co.uk/recipes



It's what we do

The Grumpy Old Man



Boris keeps the narrative

There cannot be many people left now who still believe that our illustrious PM has told the truth regarding any part of the so-called 'pandemic'. As it slowly but surely comes to light that TV news stations were given vast sums by government to just spew the narrative and not allow any dissenting voices, be they from scientists or Joe public, the truth is finally being revealed.

Inflated figures for Covid cases, dire warnings from 'sage' that came to nothing, doctors too scared to see patients, schools operating with kids and teachers alike having their faces covered by a mask that apparently is not effective. The mad push to double jab everyone against a disease from which 99% make a full recovery. Heart attacks, pulmonary disorders, blood clots and deaths in young and old attributed to 'the jab' It couldn't get any worse This isn't about a virus. It is about control of the people. Your rights and freedoms that we fought two world war to preserve have been laid waste by Boris in his Covid frenzy. Will you ever get them back? I doubt it. So when Boris now starts to say things like 'Covid has nine new symptoms and one of them is sneezing' I hope the nation will tell him ENOUGH. Don't stand for any more lockdowns (they have been proven to be useless) or intrusions into your life. Enough is enough.

Plus, a historian recently commented that Boris Johnson's fine for breaching lockdown rules is the "most severe constitutional crisis involving a prime minister" History of government expert Lord Hennessy said Mr Johnson had "broken the law", "mised Parliament" and "shredded the ministerial code." Mr Johnson is the first serving PM to be sanctioned for breaking the law. Do you still trust him? Because I don't.

Shopping has gone mad

Shopping today is a nightmare. Gone are the days when you used to chat to the shop assistants and the boy with his bike about to go out delivering groceries to those living nearby. Shopping was more of a social occasion - a chance to see other people and 'chew the fat' (millennials will have to look that up) The traders then seemed so much happier to see you because they probably knew your name and where you lived. They probably also remembered half of your regular shopping list too. From Butcher to baker, grocer to greengrocer, shopping was a friendlier, easy going 'chore' that many people enjoyed. Compare it to today's highly volatile experience.

Just about everyone has to drive to the 'super' market these days, find a parking 'space' that is so narrow you can hardly open your door to get out. You grab a 'trolley' so that you can get all you want for the week in one go, and that's for the whole family so by the time you get to the check out it is like pushing a cart full of bricks up a mountain. When you get there, there are only three checkouts with a human on them and the rest are those god-awful Dalek tills that scream at you 'unidentified item in bagging area'. I feel like ripping the thing to pieces and throwing it at one of the minions standing around. Then a lady who has been leaning and watching you struggle comes over and says 'Can I help you?' I feel like saying 'Yes you can go and open a proper checkout and get some of those lovely ladies and gents you just sacked so that we could check ourselves out - thus adding to this company's profit zillions.

Also standing nearby is one of those numptys with a headset and microphone wrapped around their cheek trying to get people away from the real tills and get people to go to the Dalek ones. When he/she is not doing that they are calling for 'More toilet rolls needed aisle seven'. Why doesn't she just go and get them?? 21st Century shopping. No socialising, no banter, and not a smile to be seen. Madness, utter madness.

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An innovative shepherdess in Suffolk, Victoria Theodorou, has found yet another inventive way to show how sheep wool can be used. Hot off the back of her popular Suffolk Wool Nesties and wool filled waxed lamb jackets, Victoria now launches the handmade Suffolk Wool Rollie, a folding seat pad that can be used for walkers, hikers, a day at the beach or on a picnic.

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“Humans are a part of nature. We have the choice of being a vital organ or a viral infection.”

What's On Guide

This guide is a free service open to all local fund raising events and clubs.
 Entries are subject to editing and available space – incomplete entries will not be included.
 Email your event details as in the format below to: the.buglemag@yahoo.co.uk

Sundays, May 1, 8 & 22; June 12, 19 & 26 - Halesworth Community Choir rehearsals, 10.30-12.00, at The Cut Arts Centre, Halesworth, and on Zoom. For confirmation, email halesworth.community.choir@gmail.com. We welcome new members - first taster session free. For details of the choir see website: hcc1.no-ip.info or email.

Wednesday 4th May Beccles Society of Artists meeting -Artist Rachel Thomas will be giving a demonstration of a contemporary landscape in oil/mixed media on at the Waveney Centre Beccles, 7.15 -9pm www.rachelthomas.co.uk Everybody welcome. Members free, non-members £3.

Wednesday 4th May. Neal's Life Awareness Centre returns! Neal Sutton & resident Medium Alex Lovelock. The Blyburgate Hall, Blyburgate, Beccles NR34 9TF at 7pm. Adm FREE. Parking, Refreshments. Mediumship, Talks and easy going chat!

Thursday 5th May. Beccles and District Historical Society meets every first Thursday at 7.30pm in Hungate Church, Beccles, NR34 9TT. Topic: Whistlecrafter - a true story of a Suffolk Poaching Family Speaker: Pip Wright. Admission £3.00. all welcome

Thursday 12th May. Lowestoft Archaeological and Local History Society meet at 7.30pm to hear a talk by Richard Mundy, on the 1960's music scene in Lowestoft. The AGM is on Thursday 26th May at 7.30pm. Both events take place at South Lowestoft Methodist Church (corner of London Road South and Carlton Road). £2 for visitors, members free. All welcome.

Thursday 12th May. Oulton Broad Ladies Evening Club at 7.30 pm. St Luke's Hall. Homefield Avenue. Oulton Broad. The speaker will be talking about 'The importance of a lasting power of attorney' Visitors and new members always welcome.

Saturday 14th May. Halesworth Branch of Cancer Research UK Spring Fair. 10.30am - 2pm, Holton Village Hall IP19 8RZ. Light Lunches & Delicious Desserts, Tea & Coffee. Nearly New & Gifts, Cakes, Tombola, Garden Stall, Raffle, Books, Bric -A - Brac Etc

Saturday 14th May - Cuppa, Cake and Chat will be held at St. Luke's Church, Homefield Avenue, Oulton Broad, from 2pm until 3.30pm admission free. There will be various items for sale, including books, jigsaws and a raffle. Refreshments available Proceeds will go 50/50 to St. Luke's church and charity. All welcome.

Saturday 14th May. The Laburnums St. James Sth. Elmham. IP19 0HN . 10am - 5pm. An acre of heavily planted garden, all day BBQ, lots of stalls (inc' a large plant stall) 3pm -4pm a brass band playing in the sunken garden. The garden contain ponds. Admission £3 ad 50p ch. Well sign posted from 8 miles out. Event in aid of Suffolk Wildlife Trust and other local charities

Wednesday 18th May. Halesworth Dementia Carers Fund will be showing the film 'The Duke' at The Cut in Halesworth. Doors open 1.45pm for 2.00pm start . Entry by £5 donation.

Wednesday 18th May, Waveney Gardeners Club. Talk by Kristopher Harper, Fuchsias, Hobby to National Collection. 7.30pm - 9.30pm. Refreshments, entry £1, first time visitors Free. St Lukes Church, Homefield Avenue, Lowestoft, NR33 9BX. Parking behind Church or on the road. www.waveneygardenersclub.uk

Saturday 21st May. Time For Summer concert performed by The Suanlo Trio at All Saints Church, Alburgh. Tickets £15 Children Free. Price includes canapes and a glass of wine. Proceeds to church extension fund. Tickets, Ann 01379 852569

Sunday 22nd May. Open Gardens at 76 & 78 The Street in Geldeston. NR34 0LN. 1.30pm - 5.30pm. 2 acres with kitchen garden, herbaceous mixed borders, wildflower meadow & orchard. Views over marshland. Teas, sale of plants. £5 (Kids free)

Saturday 28th May. Wrentham Village Hall Film Night - The King's Speech. Starring Colin Firth, Helen Bonham Carter and Geoffrey Rush. Doors open 18.45 with the film screening at 19.30. Only £5 inc refreshments. Everyone welcome.

Saturday 28th May, from 10.00 to 12.30pm Wenhaston Village Hall will be holding its Product and Craft Market. There will be various handcrafted products, various food and plant products on sale. The cafe is open for Tea, Coffee and Homemade Savouries and Cakes. Everyone is welcome. For further details contact: Carol Hudson-Jary on: 07864083296.

Sat/Sun 28th&29th May: Wildflower Weekend 11am-4pm at the Chapel Sotterley Nr Beccles NR34 7UA An amazing Diarama model of the Coronation and Procession in 1952 will be on display inside the Chapel .Refreshments. all welcome.

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